INTERNATIONAL KEYNOTE SPEAKER

KAY SERGE

THE HUMAN POTENTIAL EXPERT

Elite Paratrooper · National Judo Champion
Ultramarathon Runner · Les Brown Platinum Speaker

Become More. Go Further.



POWERFUL STORIES • PRACTICAL LESSONS • REAL IMPACT

FROM POTENTIAL TO PERFORMANCE

Kay Serge is a 20-year French Foreign Legion veteran, former elite paratrooper, national judo champion, ultra-marathon runner and international keynote speaker. He brings real-world lessons in resilience, leadership and human potential to audiences around the world.

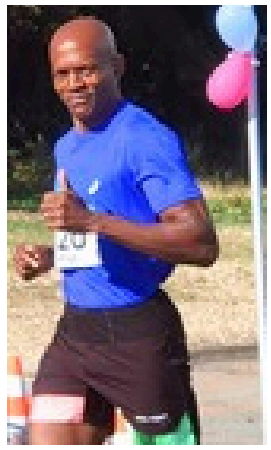
Through powerful stories and practical strategies, Serge shows individuals and organizations how to perform under pressure, overcome obstacles and discover what they are truly capable of. Because there is always a mile beyond.

AREAS OF EXPERTISE

Mental Toughness | Confidence Under Pressure | Going Beyond Limits | Effective Leadership | Unlocking Potential









LES BROWN
PLATINUM SPEAKER

SIGNATURE KEYNOTES

01
RISING ABOVE FEAR
How to face fear, take the leap and tap into your real potential

02
THE MARATHON MINDSET
Powerful methods for pushing through limits and never quitting

03
THE COMEBACK POWER
Turning defeat into extraordinary success

04
LEADERSHIP UNDER FIRE
Handling extreme pressure in high-stakes environments

05
BETTER THAN EVER
Discovering the stronger version of yourself

kayserge.com

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